



Sunday, September 5, 2010: The Helper and the Keeper

Scripture: Psalm 121

Speaker: Joe Boot

Sermon Notes:

1. When we face trouble, we need to look away from ourselves and look to God for rescue.
2. Looking to the mountains symbolizes looking to the God of power, promise, providence, predestination, and purpose.
3. Our help comes from an all-powerful and inexhaustible source.
4. All things were made by and hold together in God (Colossians 1:15-17).
5. Man cannot find help in the chaos of the material world.
6. God is patient and vigilant; He is able to help us always.
7. Abraham called God his shield and exceeding great reward.
8. God Himself cares for us constantly.
9. Though we fear, but God has assured us of His constant care (v6).
10. The psalmist declares the total providence of God in our lives.

Application Questions:

1. Is reading the Psalms a source of comfort, courage and inspiration in your daily life?
2. If our God made heaven and earth, what does that say about His ability to help us in our personal problems?
3. How would I encourage a Christian friend or family member who is struggling with trusting God's care in their lives?
4. How do the following passages speak of God's personal care in our lives? John 14:27; Romans 8:31-39; 1 Thessalonians 5:23-24.